

# Pohár osvobození města Plzně memoriál Ivana Zápotockého a Jana Wavoka Vodrážky

West Bohemian Championship - Relays

West Bohemian Championship - Sprint

3rd a 4th competition of West Bohemian ranking event (Spring, Long distance), 1st competition of West Bohemian sprint cup  
Public orienteering events (Relay, Sprint, long distance)

The competition is organized under auspices of city Stary Plzenec

## ORGANIZER

Orienteering club KOS Plzeň

## DATE

11th and 12th. April 2015

## CLASIFICATION

so: Relays, Sprint (both West Bohemian championship)

ne: Long Distance

West Bohemian championship is announced within categories HD12, HD14, H18, H21, D18, D21 and HD105. Winners of these categories gets title West bohemian champion in relays.

West Bohemian championship is announced within categories H12, H14, H16, H18, H20, H21, H35, H45, H55, D12, D14, D16, D18, D20, D21, D35 a D45. Winners of these categories gets title West bohemian champion in Sprint.

## CENTER

Relays: [Tymákov](#), Open land – southern edge

Sprint: [Plzeň](#), Doubravka, 22.ZŠ, WC inside the elementary school

Long Distance: [Starý Plzenec](#), Soccer stadium (attention – the arrival is possible only by street „ke hřišti“ eastern way), There is strictly forbidden enter the grassy and turf soccer field.

## WASHING, WC

will be marked at competition centre

**ATTENTION: There is no possibility to use WC towards start!!!**

## PRESENTATION

Sa: 8:30 – 9:00 O'clock in competition center, Sprint 15:00 – 15:30

Su: 8:30 – 9:00 O'clock in competition center

## COMPETITION AREA

Relays: Forest on southern edge of village Tymákov, The competition area is defined by Tymákovský and Lhůtský creek.

**Sprint:** Bounded by street Rokycanská – Hřbitovní – Na dlouhých - Masarykova

**Long distance:** Forest between cities Stary Plzenec - Štáhlavy – Nezbavětice – Losiná – Plzeň Černice

### PROHIBITED AREA

**Rela:** No prohibited area

**sprint:** See ISSOM 2007. Especially pay attention to the map symbols:

- 421 “Impassable vegetation” (Grey - green) – even thin stripes
- 528.1 “Area with forbidden access” (Yellow - green) – even small fields inside of housing development
- 521.1 “Impassable wall” – the restriction is valid bidirectional, that’s mean NO CLIMBING UP OR DOWN THE FENCE!!
- 524 “Impassable fence” (except marked passage)
- 709 “Out-of-bounds-area” (violet stripes)

Mohylova street is possible to cross only by marked passing – symbol 708 “point of passage”.

The Prohibited areas will be watched by organizers – violation can be punished by disqualification.

**Longdistance:** No prohibited area

### TRRAIN

**Sa – Relazs:** corrugated, hilly terrain, well run ability, locally sings of logging

**Sa – sprint:** Housing development, city park, well crossable

**Su –** Hilly terrain, well run able, locally with under growth. The terrain contents lots of boulder, cliffs. Previous map Radyně (1990), Wawokovo (2002)

### START 00

**Sa – Relays** – first wave at 10:00 – next wave after 5 minutes

1. Wave 00: H21, D21, H18, D18

2. Wave 05: HD105, HD12, HD14, Line

**Sa – Sprint:** 16:30

interval start. Categories T(Open, P) starts freely under compliance of 3 minutes start interval by punching start unit 15 – 50 after zero start.

**Su:** 10:00

Interval start. Categories T(Open, P) starts freely under compliance of 3 minutes start interval by punching start unit. HDR starts in range of start times 0-30 and 60-80, P(OPEN, T) only within 0-60.

### DISTANCES

	<b>Saturday (Relays)</b>	<b>Saturday (Sprint)</b>	<b>Sunday (Long distance)</b>	
<b>Parking – centre</b>	250-500m		150 – 1 000 m	50m
<b>Centre – start</b>	0m		900 m	300m
<b>Centre – Finish</b>	0m		0 m	50m

### ACCOMODATION

organizer provides hard floor accommodation from Saturday to at 25. ZŠ (Elementary school) – please do not enter the main entrance – there is side entrance, see the [mapa](#)

School address: Chválenická 17, 326 00 Plzeň

Your own sleeping bag is necessary, price 3Eur.

Hard floor is open from 18:30, till Sunday 8:30.

Please keep clean , do not enter the gym hall shod.

#### **PARKING**

**Sa – Relays:** parking in former military area at southern edge of Tamákov village

**Sa – Sprint:** individually in the streets of Pilsen. Out of **Competition area, see the map below!!**

**Please follow the “highway code”.**

**Su:** at cinder soccer playground, **see the map below!**

#### **MAPS**

**Sa – Relays:** Ctirad 1:10 000, E = 5m, state 2012, A4

**Sa – Sprint:** Špitálský les **1:4 000 (ATTENTION, change against the bulletin 1!!!)**, E = 2 m, state March 2015, map kež ISSOM 2007, authors Ondřej Vodrážka and Aleš Hejna, A4, laser print, special symbol symbol: black cross – part of children playground

**Su:** Radyně 1:10 000, E = 5m, state September 2014, A4,

Categories H21, D21 compete on map scale 1:15 000, state September 2014, A4

Maps will be waterproofed only for Relays!!!

#### **ROSTER**

Till Friday 10.4.2015 23:59 o'clock. Possible changes at the competition office before start – se presentation times

#### **START BIBS**

Only for Relays. Distribution at the presentation before race

#### **LIMITS**

**so:** 240 min (Relays), 40 min (sprint)

**ne:** 150 min

#### **CONTROL DESCRIPTION**

Relays – only printed on map.

For Sprint and Long distance – will be self – serviced at the completion centre. Sprint – also printed on the map.

#### **SPECIAL SYMBOLS (sprint):**

Black cross – part of playground

black circle – sandy surface

#### **IMBISS, BUFFET**

On Sunday in competition centre – imbiSS in the soccer area. (beer, limo, Soap, sausages etc.).

Furthermore fantastic home made cakes. On Sunday also refreshment station for categories H21, D21, H35, H18, H45, H16, D18, D35, D45, H55, D55, H65, T5 – control point no. 49.

#### **FIRST AID**

In competition centre

## RESULTS

Final results will be printed in competition area and uploaded to the webpage <http://kosslaviaplzen.cz/2015-oblz/>

## PRICE GIVING CEREMONY

**Sa:** Immediately after the Relays and Sprint in competition centre. There will be announced first three teams.

**Su:** immediately after the race - there will be announced first three competitors. In categories HDR and LINE will be announced all competitors

## PUNCHING

Sport Ident, in case of malfunction please punch directly in to the map

## IMPORTANT PEOPLE

	Event director	Chief judge	Course setter
<b>Relays:</b>	Martin Les	Markéta Lesová	Zdeněk Kurz
<b>Sprint:</b>	Stanislav Rauch jr.	Marcela Staňková	Aleš Richt
<b>Long distance:</b>	Štěpán Kroupa	Jan Václavík	Tomáš Kamaryt

## PROTESTS

Written form with the deposit of 200,- directly to the chief judge

## JURY

Petr Suchý (LPM), Petr Kunc (MLA), Alexander Mareš (NEJ)

## PRESCRIPTION

The race subjects to the rules of ČSOS for season 2015

## MEMORIUM

Sundays event is organized as a Memorial event for two KOS Plzen members who tragially died in the mountains. Ivan Zápotocký, climber in 1970 ran H21 category and Jan Wawok Vodrážka who lastly enjoys skiing in alps in 2000 and ran category H55. In their honor the winner team composed by pair of man in category H21 and H55 within club (summary of their time)

## COURSES

Expected winner times – according to the the ČSOS/ ZČO prescriptions

## ATTENTION

**Sa – sprint:** The Saturdays sprint competition is performed without any traffic restrictions. Please pay especial attention by crossing streets. There will be organizers on the most dangerous sections – please follow their instructions.

please be also thoughtful to the exurban – especially near the retirement home. (near control point no. 43) and near children playgrounds.

**Su:** Please pay your own safety especially given to the rocky terrain. Do not climb any rock tower – there will be no controls anyways 😊 and also do not jump of the higher cliffs!!

## PARAMETERS

	Saturday - sprint			Sunday – long distance		
	length [km]	elevation [m]	Count of controls	length [km]	elevation [m]	Count of controls
Line	0,8	26	7	1,7	60	6
HDR	0,8	26	7	1,7	60	6
D10	0,8	16	5	1,5	65	6
D12	1,2	32	10	2,3	90	9
D14	1,3	38	9	3,2	105	8
D16	1,3	38	9	3,4	135	9
D18	1,4	42	10	5,5	165	10
D21	1,7	56	9	6,7	180	13
D35	1,5	20	9	5,5	165	10
D45	1,2	36	10	5,3	165	11
D55	1,0	32	8	3,8	135	10
D65	0,7	18	4	2,6	110	8
H10	0,8	16	5	1,5	65	6
H12	1,2	32	10	2,3	90	7
H14	1,5	42	13	3,4	135	9
H16	1,5	42	13	5,9	220	14
H18	1,7	54	10	8,5	250	17
H21	2,3	66	16	10,5	280	21
H35	1,7	54	10	8,5	250	17
H45	1,5	20	9	5,9	220	14
H55	1,2	36	10	5,3	165	11
H65	1,0	32	8	3,8	135	10
T/ Open	1,3	38	8	4,9	190	14

Relays:

	length [km]	elevation [m]	Count of controls
HD12	2,2	80	8
HD14*	3,4/2,8	115/110	12/10
D18	3,4	125	11
D21	4,3	140	13
H18	4,3	140	13
H21	6,6	240	18
HD105*	5,1/3,9	160/130	16/13
Line	1,5	65	5

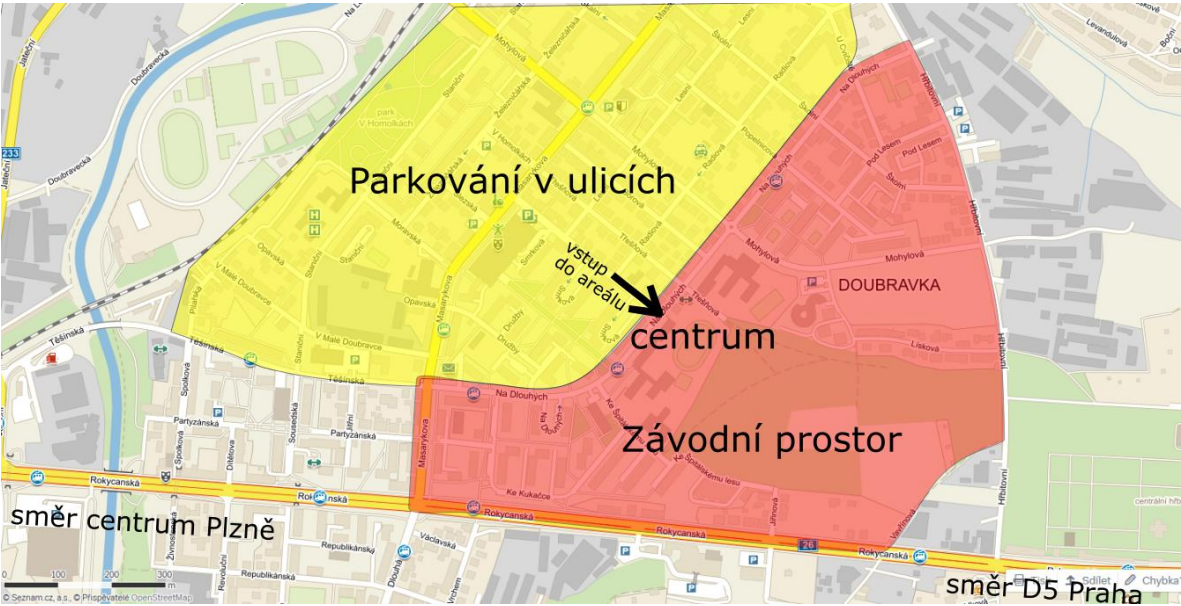
\* parameters behind the slash are for 2<sup>nd</sup> leg

Finish and leg changeover: Finish corridor is split in to two parts. For relay changeover – keep right. For finish keep – left! Before leg changeover please throw away your map at the marked place! By finish decisions the ran on the finish line NOT the punching of finish control!

### COMPETITION CENTER, PARKING – MAP (SATURDAY – RELAYS)



**COMPETITIO CENTER, FORBIDDEN AND COMPETITON AREA, PARKING – SATURDAY SPRINT**



**COMPETITION CENTER, PARKING MAP – SUNDAY, LONG DISTANCE**

